

The Samaritan Center

The Samaritan Center is a not-for-profit agency which has served Elkhart County since 1972. Our mission is to offer quality psychotherapy services, to present a multidisciplinary approach which honors the whole person, and to be respectful and supportive of faith issues.

The professional staff and consultants at the Samaritan Center represent pastoral psychotherapy, psychology, family medicine, social work, marriage & family therapy, and mental health counseling. Each therapist has undergone extensive education and training; our clients may expect skilled and caring treatment.

Day-at-a-Glance



8:30 - 9:00	Registration
9:00 - Noon	Keynote Address
Noon	Lunch provided
1:00 - 2:15	Afternoon workshops
2:30 - 3:45	Afternoon workshops

Cost

\$50 to attend all day; including lunch
\$30 for morning or afternoon session only

Lunch is open and free to any clergy member or congregational leader.

You need not enroll in a session to join us for the meal. We do ask that you reserve a space in advance by calling or e-mailing.

To register for the program: Call the Samaritan Center at 262-3597 or e-mail us at adminasst@elkhartsamaritan.org.

RETURN SERVICE REQUESTED

The Samaritan Center
221 East Crawford St.
Elkhart, IN 46514

Resources for Congregational Leadership



Thursday, June 6
The Matterhorn Restaurant
Elkhart, Indiana

Presented by:



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The Samaritan Center has been a pioneer in providing psychotherapy and counseling with an emphasis on the whole person—mind, spirit, and body. We offer this educational event as part of our commitment to *partnership in ministry* with faith communities in greater Elkhart County.

As part of this commitment, the Samaritan Center has maintained “Covenant Congregation” relationships for the past two decades with a number of local faith communities. To learn more about this program and other resources the Samaritan Center offers, visit us at www.elkhartsamaritan.org.

Morning Session



8:30 - 9:00 Registration

9:00 - Noon: Keynote Presentation

Transforming Burnout: Turning Disgust, Demoralization and Depression into Empowerment for Ministry

Presented by Gregory Hinkle, Ph.D., HSPP
Executive Director, The Samaritan Center

The same altruistic and selfless ideals that propel a person into ministry can also make that person vulnerable to three D’s of burnout (disgust, demoralization, and depression). Sadly, clergy also tend to have both unrealistically high self-expectations, as well as a great reluctance to turn to others for help. This workshop explores ways to transform the resulting depletion and isolation into renewed sources of energy, purpose, meaning, and connection.

Afternoon Workshops (presented by Samaritan Center therapists)

1:00

Children’s Play: More Than Just for Fun?

Children’s play is often seen only as having fun; did you know that their play is also important in helping them understand and navigate their world? Children “play what they know” and communicate through their play. Participants will learn to identify ways in which adults can facilitate healthy play, learn how play therapy is utilized in therapy, and when to make a referral.

Joyce Menchinger, LCSW, Registered Play Therapist

1:00

A Myers-Briggs Approach to Communication

You might know your 4-letter Myers Briggs type, but do you know how it impacts communication? A strength of the MBTI (based on Carl Jung’s work on psychological types) is that it identifies all types as healthy. Knowing the way your type tends to talk (or not!) can increase effective communication, decrease conflict, and increase your ability to speak effectively to diverse groups.

Sara Sage, M.S. Sara is certified to administer the MBTI and those who pre-register may contact her at ssage@elkhartsamaritan.org to take the instrument prior to the workshop.

1:00

Conflict Resolution & Communication Skills

What it is: Ideas on how to identify and verbalize feelings and thoughts to another person, as well as how to listen to other people’s thoughts and feelings. What it is not: A fail-safe way to get others to listen to you. In general, this presentation will give you some guidelines as to how to address difficult issues with other people in a way that increases the likelihood of good communication.

Rachel Mickelson, Psy.D., HSPP

2:30

Understanding Adolescent Female Culture

Every culture has a “Ten Commandments” of sorts, which guides actions and brings meaning to behaviors. If you’ve been curious about the culture of adolescent females, consider attending this workshop. We’ll identify the “Thou shalt” and “Thou shalt not” of this culture and explore the impact of the commandments on identity, ability to navigate conflict, and potential consequences.

Alison Andrews, LMFT

2:30

Suicide Recognition and Prevention: Ask a Question, Save a Life (The QPR Approach)

QPR is a nationally-recognized program that offers Gatekeeper Training: teaching participants (1) to recognize the warning signs and communications of people contemplating suicide and (2) to act to prevent a possible tragedy. QPR offers three basic life-saving skills: how to *question* about suicidal thoughts, how to *persuade* the person to get help and how to *refer* to appropriate resources.

Valerie Hinkle, LMHC; facilitated in cooperation with the IUSB Student Counseling Center

2:30

Effective Helping

When individuals approach helpers — including clergy — with a problem or concern, the clergy members may have issues about their qualifications, fear of harming, or just plain anxiety—“what can/should I do?” We will share information and practice basic skills to help participants determine if they can help the individual and what kind(s) of professional help the individual may need.

Patrick Utz, Ph.D., HSPP and Sara Sage, M.S.